

ICC WEEKLY UPDATE



SOCIAL WORK I am in awe of the resilience and creativity of the residents during these tough times. We continue to check in with everyone to ensure that their emotional health is maintained while not being able to physically see families or go outside. We are here for you. - **Mary Tate, LCSW**

RECREATION We had KFC night on Sunday; Ice cream and toppings night via Room-Service to each residents' room on Tuesday, and virtual crafting will take place this Friday night. Every day, residents are given the opportunity to have a tele-health session with someone from the Recreation staff. Residents now have access to premium channels such as Disney+, and access to television series on Hulu and NetFlix. Monday, Tuesday and Thursday nights are exercise nights, with a different aerobic style each night. We love to Just Dance - **Jasmine Edwards, CTRS, MA**

MEDICAL DIRECTOR Thankfully the numbers of new cases and of new hospitalizations due to COVID-19 in New York City are all going down significantly. It is also wonderful that young people do not have severe illness from COVID-19 in the vast majority of cases! It is still very important to continue the measures that have brought down the COVID-19 numbers and helped to protect ICC's residents, including Staying at Home, Using a Face Cover, and using virtual/digital apps to stay in contact with ICC residents and staff. - **Dr. Cathy Painter**



TIPS TO STAY
CONNECTED TO YOUR
LOVED ONE AT ICC

**SCHEDULE A FACE TIME
CALL WITH THEM OR
CONTACT A STAFF
MEMBER TO HELP SET IT
UP**



**SURPRISE YOUR LOVED
ONE WITH A MEAL
DELIVERY OF THEIR
FAVORITE FOOD!**



**PLAY A VIDEO GAME
WITH THEM ONLINE!**



212-928-2590

